

LCHE SEMINAR**Thursday July 11th 2024, 11.00-12.00**Salle Delachaux, Bâtiment Proline (Station Vennes)
Route de la Corniche 10, 1010 Lausanne

Investing in Children's Mental Health

SPEAKER**PROF. DANIEL EISENBERG**

Daniel Eisenberg is a Professor of Health Policy and Management in the Fielding School of Public Health at the University of California, Los Angeles. His broad research goal is to improve understanding of how to invest effectively in the mental health of young people. He is a Principal Investigator for the Healthy Minds Network (HMN) for Research on Adolescent and Young Adult Mental Health (www.healthymindsnetwork.org). This research network administers the Healthy Minds Study, a national survey study of student mental health and related factors, and facilitates the development, testing, and dissemination of innovative programs and interventions for student mental health.

ABSTRACT

This presentation will address three key questions for children's mental health policy:

- 1) What are the best investments in children's mental health?
- 2) To what extent are these investments being made (in the United States and other countries)?
- 3) How can we make better investments? The presentation will be based on research from a new book by the presenter, *Investing in Children's Mental Health* (2023, Oxford University Press).

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