

Centre universitaire de médecine générale et santé publique · Lausanne

Département Epidémiologie et Systèmes de Santé

**HEURE**: 11H00 – 12H00

LIEU: Salle Delachaux, Bâtiment Proline rte de la Corniche 10, 1010 Lausanne

& via WebEx



## « Reducing Common Mental Disorders at the population level: Lessons from the Global South for Addressing Mental Health Challenges in the Global North »

## SPEAKER:

Dr. Irene Falgas-Bague is a clinical psychiatrist with a specialization in cultural and social psychiatry, coupled with a career as a public mental health researcher. She is currently a Project Leader at the department of Epidemiology and Public Health at the Swiss Tropical and Public Health Institute and at the Clinical Epidemiology Department at the Basel Univeristy Hospital. Additionally, Dr. Falgas-Bague holds an instructor appointment at the department of Medicine at Harvard Medical School for her teaching work on cultural competence and her systematic training approach for training lay-workers on providing mental health services in low-resourced settings. Her research work focuses on examining access to mental health services for underserved populations and in developing and testing culturally adapted, evidence-based interventions for identifying and treating common mental disorders.

## ABSTRACT:

• Dr. Falgas-Bague will first present an overview of her team's research projects conducted in low-and middle-income countries, focusing on women's mental health, youth suicide, and the integration of mental health care into primary care systems. Building on the effectiveness of integrated surveillance systems, culturally sensitive, and community-based approaches in settings with limited resources, she will then discuss the potential future research directions, emphasizing the importance of high quality, equitable and sustainable mental health care systems that leverage community strengths and promote local capacity-building. This approach, which has shown promise in LMICs, will be considered as a scalable strategy for improving population mental health in European countries, specially for delivering high quality mental health treatment for diverse and typically underserved populations.

Recommandé par la Société Suisse des Spécialistes en prévention et santé publique (SPHD) pour la reconnaissance de la formation continue. Participer à la réunion WebEx

**Lien WebEx** 

